

Spring Term 2023

WEEK 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Hand Stretched Cheese & Tomato Pizza (V) Jacket Potato (Cheese Or Tuna)	Chicken in Katsu Curry & Rice Authentic Vegetable Curry	Roast Chicken (GF) Quorn Fillet (V)	Meatballs & Tomato Pasta Bake. Plant Based Sausage Pasta Bake (VG)	Fish Fingers MSC Jacket potato (Cheese or baked beans)
Tomato & Herb Pasta Salad Sweetcorn(VG) (GF) Green Beans(VG)(GF)	Wholegrain Rice (VG) Carrots (VG) (GF) Broccoli (VG)(GF)	Oven Baked New Potatoes Carrot & Swede Mash(VG) (GF) Sweetcorn(VG) (GF) Gravy (VG) (GF)	Garden Peas (VG) (GF) Carrots (VG) (GF)	Chips (VG) Garden Peas (VG) (GF) Sweetcorn(VG) (GF) Tomato Ketchup (V)
Chocolate Ice Cream Sponge Roll (V) Fresh Fruit (VG) (GF)	Vanilla & Apple Sponge with Custard (V) Fresh Fruit (VG) (GF)	Crispy Biscuits (VG) (DF) Fresh Fruit (VG) (GF)	Chocolate Fudge Pudding POD Fresh Fruit (VG) (GF)	Apple FlapJack (VG) (DF) Fresh Fruit (VG) (GF)

WEEK 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Hand Stretched Cheese & Tomato Pizza (V) Jacket Potato (Cheese Or Tuna)	Oven Baked Sausages Plant Based Sausages	Chicken & Vegetable Pie Vegetable Pie	Beef Bolognese Bake Rasta Pasta Bake (V)	Salmon & Sweet Potato Fishcake Jacket potato (Cheese or baked beans)
Mexican sweetcorn (VG) (GF) Garden Peas (VG) (GF)	Mashed Potatoes (VG) (GF) Broccoli (VG)(GF) Savoy Cabbage (VG) (GF) Gravy (VG) (GF)	Oven Baked New Potatoes Carrots (VG) (GF) Sweetcorn(VG) (GF) Gravy (VG) (GF)	Carrots (VG) (GF) Cauliflower (VG) (GF)	Chips (VG) Garden Peas (VG) (GF) Tomato Ketchup (V)
Ice Cream & Peaches Fresh Fruit (VG) (GF)	Shortbread (VG) Fresh Fruit (VG) (GF)	Chocolate Crispy Cake (V) (DF) Fresh Fruit (VG) (GF)	Pear & Chocolate Sponge & Custard (V) Fresh Fruit (VG) (GF)	Iced Chelsea Buns (V) Fresh Fruit (VG) (GF)

WEEK 3				
Monday	Tuesday	Wednesday	Thursday	Friday
Hand Stretched Cheese & Tomato Pizza (V) Jacket Potato (Cheese Or Tuna)	Cottage Pie (GF) Vegetable Cottage Pie (VG)	Roast Chicken (GF) Quorn Fillet (V)	Breaded Chicken Crumbed Vegetable Burger with Cheese	Fish Fingers MSC Jacket potato (Cheese or baked beans)
Sweetcorn(VG) (GF) Green Beans(VG)(GF)	Sweetcorn(VG) (GF) Garden Peas (VG) (GF)	Mashed Potatoes (VG) (GF) Savoy Cabbage (VG) (GF) Vegetable Medley (VG) Gravy (VG) (GF)	New Potato Salad (VG) (GF) Boston BBQ Beans (VG) (GF) Broccoli (VG)(GF)	Chips (VG) Garden Peas (VG) (GF) Tomato Ketchup (V)
Chocolate Ice Cream (V) Fresh Fruit (VG) (GF)	Jelly & Peaches Fresh Fruit (VG) (GF)	Oat & Sultana Cookies (VG) Fresh Fruit (VG) (GF)	Chocolate Sponge & Choc & Orange Custard (V) Fresh Fruit (VG) (GF)	Grasmere Gingerbread (VG) (DF) Fresh Fruit (VG) (GF)