

Summer Term Curriculum 2024

Nursery Essential Knowledge

Physical Development: Fine Motor

- **continue to refine fine motor skills:**
- **controlled small movements of hands**
 - peg boards
 - playdough
 - threading large objects
 - elastic band stretching
 - using pegs to hold items
 - using tweezers to move items
- **how to position their fingers to comfortably hold**
 - jumbo pencil
 - whiteboard pen
 - larger paintbrushes
- **how to hold and use scissors safely**
 - thumb on top, fingers below
 - hold and turn paper with free hand
 - make snips
- **use cutlery with support**
 - hold a knife, fork and spoon comfortably
 - use a fork and spoon with control

Physical Development: Gross Motor (and PE)

- **independence is developed**
 - dressing and undressing
 - zipping coat up
- **gross motor movements are developed**
 - collaborate with others to manage large items
 - create a sequence of movements related to music and rhythm
 - balancing on crates, planks and tyres
 - riding scooters, trikes and bikes
 - throwing, catching and kicking balls with some control
 - skip, hop, standing on one leg, balancing and holding a pose
- **choose the correct resources to carry out a plan**

- **use alternative feet to move:**
 - up steps and stairs
 - when climbing outdoors
- **continue to embed skills:**
- **sit on the floor with the correct posture with support**
 - back straight
 - legs crossed
 - arms folded
- **manage the school day with support**
 - lining up
 - washing hands thoroughly
 - using the toilet