

## Leading PSHE

**Source:** Department for Education

**Date:** 2013

**Summary:**

- Personal, social and health education (PSHE) is a non-statutory subject, however, it is vital that schools deliver high quality PSHE lessons in order to support the children's needs, making them aware of how to look after themselves and keep themselves safe and have the necessary information and skills to make informed choices.

**Source:** PSHE Association

**Date:** 2019

**Summary:**

- The role of PHSE is to develop children's knowledge, skills and attributes in order to support their future choices.
- Suggests that through an effective PSHE programme, it can minimise barriers to learning, helping children's ambitions to rise and can also improve opportunities for children in the future.
- PSHE promotes children's awareness of safety and being healthy, building children's confidence and resilience.
- Evidence also suggests that PSHE can 'address teenage pregnancy, substance misuse, unhealthy eating, lack of physical activity, and emotional health.
- The skills and attributes developed through PSHE education are also shown to increase academic attainment and attendance rates.

**Source:** Ofsted

**Date:** 2016

**Summary:**

- An integral part of PSHE is spiritual, moral, social and cultural (SMSC).
- Spiritual in PSHE supports the children to become reflective of their experiences, what they know and believe and will show an enjoyment of learning about themselves and others.
- Moral in PSHE will support the children to recognise the difference between right and wrong and use this within their day to day lives and they will understand that actions have consequences.
- Social in PSHE will support the children's social skills in different environments and will develop their confidence and willingness to participate in a range of things.
- Cultural in PSHE will support the children's understanding and appreciation of different cultures within school and Britain and will show a willingness to participate in different cultural opportunities.